



Yale School of Management Women's Leadership Program

Invigorate your leadership to drive your career forward.

Women continue to face unique challenges in the workplace that can complicate their ascent to higher leadership roles. But this doesn't dampen their ambitions—they fearlessly seek ways to leap over the hurdles in their path.

Yale's Women's Leadership Program serves as a powerful springboard, igniting a journey of self-discovery and professional growth that drives women forward in their careers.

In this immersive, on-campus program, participants strengthen critical leadership competencies that fuel innovation, create more effective team dynamics, and sharpen decision making. Instead of learning to fit a mold, they forge authentic leadership styles that engage their natural strengths and individuality.

Invigorated by fresh ideas, innovative frameworks, and enhanced skills, participants emerge from the program ready to excel as leaders.

“Excellent program which facilitates self-discovery while providing practical tools for team growth and leadership. Regardless of position, company, or cultural background, this program enables all and encourages diverse leadership thinking.”

Kate Merrill Balart
Renewable Natural Gas Supply Development Manager, Shell

Sample Faculty Thought Leaders

Faculty and lecturers are subject to change



Emma Seppälä, Faculty Director

Lecturer at the Yale School of Management, Emma Seppälä is a psychologist and research scientist by training whose best-selling book *The Happiness Track* has been translated into dozens of languages. Her areas of expertise include positive leadership, emotional intelligence, well-being, and social connection.



Heidi Brooks, Senior Lecturer in Organizational Behavior

Heidi Brooks teaches and advises on the subject of everyday leadership: the everyday micro-moments of impact that shape our lived experiences. Her areas of expertise include diversity and inclusion, leadership, organizational behavior, and workplace issues.



Zoe Chance, Senior Lecturer in Management

Zoe Chance is our resident expert on interpersonal influence. Her recent book, *Influence Is Your Superpower*, is an international bestseller published in 28 languages. Her areas of expertise include influence and persuasion, decision-making, and behavior change.



David Tate, Lecturer

Assistant Clinical Professor in Psychiatry at the Yale School of Medicine, David Tate is a licensed clinical psychologist, executive coach, and organizational consultant. His areas of expertise include leadership development, conflict resolution, team building, and promoting healthy organizational development.

Details

Dates

Visit yalesom.io/exec_wlp for upcoming program dates and to register.

Location

On Campus

Contact

somexeced.info@yale.edu

Program Fee

\$7,400 – Fee includes lodging and most meals. Those who work in the government or nonprofit sectors, Yale University alumni, groups of 3 to 6, those who have previously participated in a Yale Executive Education program, and veterans are eligible for program fee assistance.



Yale SCHOOL OF MANAGEMENT
Executive Education

Who should attend?

There is no better way to empower women than to prepare them for their leadership journey.

The Women's Leadership Program is designed for women in mid- to senior-level leadership positions and those who support them. Relevant to corporate, non-profit, and government leaders.



An immediate return on learning

- **Increase your leadership impact:** Leverage new ideas, tools, and frameworks to develop critical leadership skills centered on leading the self and leading teams.
- **Use strategic vision and sharper decision-making skills:** Lead growth, manage crises, drive growth through innovation, and make better decisions.
- **Develop an authentic leadership style:** Harness insights from self-reflection and external feedback to leverage your unique strengths and lead as your best self.
- **Enhance your emotional intelligence:** Navigate high-stress situations effectively with a deep understanding of how emotions influence work performance.
- **Expand your network:** Forge meaningful connections with peers who will provide guidance and support throughout your professional journey.

Agenda

Below is a sample of what you can expect to experience in the Women's Leadership Program. *Content and schedule are subject to change.*

Day One

- Understanding Your Leadership Impact and Debriefing Your Assessment: *Reflected Best Self*
- Emotional Intelligence I: Leading from Within
- Listening as a Critical Communication Skill
- Group Executive Coaching

Day Two

- Emotional Intelligence II: Connecting to Thrive
- Influence and Persuasion
- Experimentation: Fail Early and Often
- Innovation: The Case for EI Bulli

Day Three

- Speaking Up Without Freaking Out
- Decision-Making for Leaders

Day Four

- Conscious Accountability

Post-Program

Implement executive coaching development goals for individualized growth objectives and build on leadership strengths.

As a member of the Yale SOM Executive Education community, you will have access to resources that promote ongoing learning and development.